

## Medication-Assisted Treatment (MAT) Program

Revised: 5-02-2019

### MAT Program Overview

Purpose: The purpose of the MAT program is to provide quality treatment for individuals living with Substance Use Disorder

Target population: Individuals must have a diagnosed Substance Use Disorder. MAT is not for everyone. Office-Based treatment is for individuals who are *motivated* to stop using substances of abuse and who can comply with the program expectations. (MAT clients are expected to be able to live independently). Clients who require extensive detoxification and prolonged, intensive treatment, are not appropriate for our MAT program until they have completed more intensive treatment and we will assist with referral and placement to more intensive treatment when requested or needed.

### MAT Program Process

1. Prospective MAT clients complete the Mile Square Health Center registration process
2. Clients complete an intake with the Certified Addiction RN or LCSW via phone, telehealth, or in person
3. Clients meet with a medical provider for an induction appointment (home or in office), preferably this is the same day they present for intake or as a walk-in. Clients must be aware that meeting with a behavioral health clinician and medical provider ***does not guarantee*** that they will be placed on any medication. This is at the discretion of the provider, and the client's current medications and/or use of substances has a strong impact on this decision
4. If during the intake meeting or the initial meeting/induction with the medical provider, either professional believes that the client's level of need exceeds that which our MAT provides, they will be referred to appropriate programs in their community.
5. The client will complete the MAT Treatment Contract with the MAT medical provider or Medical Assistant/LPN/CARN/LCSW/LSW.
6. Following induction, the client is in the MAT program

## MAT Program Phases

	<b>Phase 1</b>	<b>Phase 2</b>	<b>Phase 3</b>	<b>Phase 4</b>
<b>Minimum Duration</b>	Induction to 30 Days	60 Days	90 Days	None
<b>See Medical Provider</b>	Once a week	2x Monthly	1x Monthly	1x Monthly
<b>Group Participation*</b>	Once a week	Once a week	2x Monthly	1x Monthly OR Participation in a weekly Non-MAT group
<b>Drug Screens</b>	At least 1x/week	At least 2x/month	Random	Random
<b>Individual Therapy</b>	As needed	As needed	As needed	As needed
<b>Steps to successful completion (or continuation in Phase 4)</b>	<ul style="list-style-type: none"> <li>• 4 consecutive weeks of consistent drug screens</li> <li>• Consistent PMP</li> <li>• 4 consecutive weeks of meeting with provider</li> <li>• 4 consecutive weeks of meeting with LCSW or CARN if available</li> </ul>	<ul style="list-style-type: none"> <li>• 8 consecutive weeks of consistent drug screens</li> <li>• Consistent PMP</li> <li>• 8 consecutive weeks of meeting with prescriber (although client will only meet with provider every 2 weeks)</li> <li>• Meet with LCSW or CARN as needed</li> </ul>	<ul style="list-style-type: none"> <li>• 12 consecutive weeks of consistent drug screens</li> <li>• Consistent PMP</li> <li>• 12 consecutive weeks of scheduled monthly meetings with provider</li> </ul>	<ul style="list-style-type: none"> <li>• Continued consistent drugs screens</li> <li>• Consistent PMP</li> <li>• Continued monthly meetings with medical provider</li> </ul>
<b>Failure to Adhere to Phase Requirements</b>	<ul style="list-style-type: none"> <li>• Medication adjustment</li> <li>• Additional clinical contact</li> <li>• Cannot move to less than weekly visits</li> </ul>	<ul style="list-style-type: none"> <li>• Return to Phase 1</li> </ul>	<ul style="list-style-type: none"> <li>• Return to Phase 2 or 1 (at team's discretion)</li> </ul>	<ul style="list-style-type: none"> <li>• Return to an Phase 3, 2 or 1 (at team's discretion)</li> </ul>

\* Not required but preferred, internal or external (ie. community support programs, outside agencies) – counseling is recommended but does not determine whether a patient is prescribed MAT as there is a significant reduction in morbidity and mortality even if medication alone.