

Guide to taking Suboxone®

(Sub-OX-own)

SUBOXONE® (BUPRENORPHINE-NALOXONE 8/2MG SL FILM)

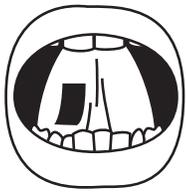
Before

Check **at least 3** of the following feelings before taking your first dose of Suboxone®: →

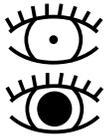
The worse you feel when you begin the medication, the less chance of a worse withdrawal.

Drink water to moisten your mouth. Hold the film between two fingers by the outside edges.

Place Suboxone® Film under your tongue, close to the base, either to the left or right of the center.



- Runny nose
- Yawning
- Restlessness (anxiety)
- Enlarged pupils
- Stomach cramps, nausea, vomiting, or diarrhea.



Day 1:

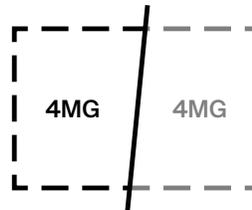
MAXIMUM DOSE OF 12 MG (1 ½ FILM) ON DAY 1.

1 film = 8mg



First dose = 4mg (½ film).

Take 4 mg (½ film) extra every 3 hours until feeling normal.



→Write in: 
On Day 1, my total dose was:

Day 2:

MAXIMUM DOSE OF 16MG (2 FILMS) ON DAY 2 ONLY IF NEEDED.

Take the total dose you wrote from Day 1 as a first time dose in the morning.

If breakthrough withdrawal symptoms occur within 3 hours after the initial morning dose on Day 2, take 4mg (½ film shown above) every 3 hours until feeling normal.

→Write in: 
On Day 2, my total dose was:

Day 3:

AND BEYOND.

Take the total dose you wrote from Day 2 as a first time dose in the morning.

DURING WEEK 1, THE MAXIMUM DAILY DOSE IS 16MG.

Important:

It takes about 4 days of using Suboxone® at the same dose to find the **right dose for you.**

After the first week, dosing adjustments **must be discussed with your healthcare provider.**