

# HEARTLAND ALLIANCE HEALTH

HEARTLAND HEALTH OUTREACH, INC

## Supportive Treatment for Addiction and Recovery (STAR)

### *Policies and Procedures for Medications for Addiction Treatment at Heartland Alliance Health*

Updated October 2019

#### Acronyms/Definitions:

AODC: Alcohol and Other Drug Counselors are certified to provide addiction-related counseling services.

BH: Behavioral Health- the Behavioral Health team includes LCSW/LCPCs, AODCs, and Peer Recovery Support Specialists/Recovery Coaches

HAH: Heartland Alliance Health- An FQHC (330H) that services people experiencing homelessness in Chicago, IL

LCSW/LCPC: Licensed Clinical Social Worker/Licensed Clinical Professional Counselors

MA: Medical Assistants room patients, complete vital signs, complete all screening questions in Centricity and schedule follow up visits

Medical Provider: Includes physicians, nurse practitioners, physician assistants

MAT: Medication for Addiction Treatment

STAR: Supportive Treatment for Addiction and Recovery- This HAH team includes all members providing substance use disorder treatment, including counseling, therapy, group sessions, and medication management and monitoring.

## Suboxone Intake at James West

.bupjw (used for new intakes from Haymarket in HPI section)

{PATIENT.FIRSTNAME} {PATIENT.LASTNAME} is a {PATIENT.FORMATTEDAGE} year old {PATIENT.SEX} here today for transition of buprenorphine maintenance from Haymarket.

Current Unit at Haymarket:

How much longer on this unit:

Plan when leaving haymarket:

Current Medication Dose:

Cravings on current dose:

Constipation:

Headaches:

Any other side effects:

Previous treatment history:

Opioid of choice:

Hx of IDU:

Other drugs of use:

Family involvement:

Goals for treatment:

(\*\*Be sure to fill out history pages to include medical, surgical history, as well as educational attainment, past work history, etc)

.bupnew (I use this one in the medical provider notes on the first visit ONLY)

The following information was reviewed with participant at this visit:

FDA handout on how medication works

Buprenorphine agreement was reviewed and signed

“Meds to avoid” list

Importance of making it to scheduled appointments, and letting us know when phone/address changes occur

Naloxone education and Rx for naloxone

Follow up in one week

.buppi (I use this one in the patient information box that is printed on their visit summary)

Treatment Plan: Continue to take your medication as prescribed. Follow up at scheduled visits with me.

Please remember that it is very important to keep your scheduled visit. If you miss a visit, it is very likely you will run out of medication and will go through symptoms of withdrawal. I am only in clinic on Thursday afternoons. If you need to miss an appointment, please call Megan or Tony right away so we can make alternate arrangements and find a time for you to follow up. You can reach Megan at 708 298 2502 and Tony at 312 914 0273. If you are not able to make it to your visit, or if you have any problems getting your medication or need other support, please call or text Megan or Tony.

## Suboxone follow up at James West

.bupfu (to be used for any follow up visits in HPI)

{PATIENT.FIRSTNAME} {PATIENT.LASTNAME} is a {PATIENT.FORMATTEDAGE} year old {PATIENT.SEX} here today for follow up on buprenorphine maintenance treatment.

Living situation:  
Cravings:  
Drug or Alcohol Use:  
Constipation:  
Headaches:  
Support:  
Participation in therapy or groups:  
Sleep:  
Challenges since last visit:  
Positives since last visit:  
Goals:

.bupplan (I use this one to put in the medical provider box only- it helps for cross-coverage)  
PMP reviewed, Utox ordered  
Current Dose:  
Follow up frequency:  
To address at next visit:

.buppi (I use this one in the patient information box that is printed on their visit summary)  
Treatment Plan: Continue to take your medication as prescribed. Follow up at scheduled visits with me. Please remember that it is very important to keep your scheduled visit. If you miss a visit, it is very likely you will run out of medication and will go through symptoms of withdrawal. I am only in clinic on Thursday afternoons. If you need to miss an appointment, please call Megan or Tony right away so we can make alternate arrangements and find a time for you to follow up. You can reach Megan at 708 298 2502 and Tony at 312 914 0273. If you are not able to make it to your visit, or if you have any problems getting your medication or need other support, please call or text Megan or Tony.

New vivitrol visit at James West  
{PATIENT.FIRSTNAME} {PATIENT.LASTNAME} is a {PATIENT.FORMATTEDAGE} year old {PATIENT.SEX} here today to establish care for OUD treatment and ongoing Vivitrol injections.  
Current Unit at Haymarket: How much longer on this unit: Plan when leaving haymarket:  
Number of previous injections:  
Past or current site reaction:  
Past or current side effects (Depressed mood, nausea, headache, dizziness, sleepiness, muscle cramps):  
Cravings on current dose: Previous treatment history:  
Opioid of choice:  
IDU:

.vivplan (vivitrol plan for med provider section of note)  
Vivitrol Injection given on XX glut using sterile technique.  
PMP reviewed, UTox ordered  
Patient counselled on medication safety, including risk of overdose and death if a dose of Vivitrol is missed, after stopping opioids, or if attempting to overcome the effects of Vivitrol through using large amounts of opioids.

Pt to return in 4 weeks for next injection.

.vivpi (vivitrol patient information= to go in section of patient education that gets printed)

1. You have received your Vivitrol injection today. It is very important that you return in 4 weeks for your

scheduled appointment. If you use opioids after the Vivitrol wears off, you are at high risk of overdose and death. If you do use opioids, use less than you used to use before you got the Vivitrol.

2. If you are not able to make it to your visit, please call or text Megan at 708 298 2502 or Tony at 312 914 0273.

3. Please let us know right away if you develop intense pain at the reaction site.

#### Vivitrol Follow up Visits

.vivfu (vivitrol follow up- for HPI section)

{PATIENT.FIRSTNAME} {PATIENT.LASTNAME} is a {PATIENT.FORMATTEDAGE} year old {PATIENT.SEX} here today for follow up on OUD treatment and vivitrol injection.

Living situation:

Cravings:

Drug or Alcohol Use:

Number of days since last Vivitrol injection:

Pain at site/site reaction after last injection:

Changes in mood:

Other side effects:

Support:

Participation in therapy or groups:

Sleep:

Goals:

.vivplan (vivitrol plan for med provider section of note)

Vivitrol Injection given on XX glut using sterile technique.

PMP reviewed, UTox ordered

Patient counselled on medication safety, including risk of overdose and death if a dose of Vivitrol is missed, after stopping opioids, or if attempting to overcome the effects of Vivitrol through using large amounts of opioids.

Pt to return in 4 weeks for next injection.

.vivpi (vivitrol patient information= to go in section of patient education that gets printed)

1. You have received your Vivitrol injection today. It is very important that you return in 4 weeks for your

scheduled appointment. If you use opioids after the Vivitrol wears off, you are at high risk of overdose and death. If you do use opioids, use less than you used to use before you got the Vivitrol.

2. If you are not able to make it to your visit, please call or text Megan at 708 298 2502 or Tony at 312 914 0273.

3. Please let us know right away if you develop intense pain at the reaction site.

#### Haymarket Intakes

.jwintake (to be used for intake H&P) see James west orientation for more information.  
{PATIENT.FIRSTNAME} {PATIENT.LASTNAME} is a {PATIENT.FORMATTEDAGE} year old  
{PATIENT.SEX} here today for physical exam to be cleared for participant in substance use  
recovery  
program at Haymarket.